



Don't Forget to Sign In!



Alamo Area Council Council-Wide Roundtable September 4, 2025



Commissioner's Minute

Mark your unit calendars! June 14-20, 2026. Summer returns to Bear Creek in 2026, June 14 - 20! Registration is open now, so get your unit signed up. Exciting programs in a beautiful setting, take advantage of everything Bear Creek has to offer.

Membership Moment

Hold Normal Friend Activities

- Plan fun unit activities throughout the year that you would do in Scouting or outside of Scouting
- Invite friends from schools, sports, faith groups, and neighbors
- Troops, Crews, Ships, and Post members and parents need to promote these activities to everyone they know.
- It's important to invite, do not use the term recruit.

Training

- September 6: Ready to Lead
- September 6-7: Climbing Instructor
- September 10: Open House Training
- September 12-13: Fall Wood badge Staff Development
- September 17: Certified Angler Training Week 1
- September 26-27: NYLT Staff Development
- October 6: CPR/AED
- October 10-11: Wilderness Remote First Aid

Committee Meetings

- Mondays in Sept at 7:00: Bear Creek Committee - Virtual
- September 10 at 7:00: RATA Committee
- September 17 at 7:00: CWC Meeting - McGimsey
- September 17 at 8:00: Jamboree Committee Meeting - Virtual
- September 18 at 6:30: Fishing Committee - Virtual
- September 24 at 8:00: Cub Scout Day Camp Planning Committee
- September 25 at 7:00: Conservation Committee – McGimsey
- September 25 at 7:00: AAC Youth Committee - McGimsey



**Visit the AAC
Roundtable Page**

Council Activities

September 2025

- September 6: Ready to Lead
- September 12-14: International Camporee
- September 12-13: Roars and Snores at the San Antonio Zoo
- September 18: SALSA Social
- September 19-21: Beast Feast
- September 27: Cub Scout Fishing (Full)

OA Lodge Events

- September 12-14: Fall Induction *Please Pay Your Lodge Dues*
- October 10-12: Fall Fellowship

Safety Moment – Balancing Scout Life

Ask any experienced leader what the number one thing a new leader should remember, and most will say balancing your Scouting life. As leaders, we have to model this process for our youth so that they understand the importance of personal care. Work-life balance is not the only thing we need to work on. Balance in Scouting is equally important on a multitude of levels. The Scout Oath and Law demonstrate balance by highlighting our duty to God, duty to country, and being physically strong, mentally awake, and morally straight.

So, how do we as leaders recognize when we are overwhelmed in Scouting? Burnout symptoms:

- headaches • fatigue • feeling of helplessness
- depression • irritability • reduced performance in everyday tasks
- feeling of isolation • impaired concentration

If you find that your balance is off, take the time to determine where the imbalance is and what you need to do to bring your life back into balance. Allow yourself permission to say no to new events and find new volunteers to help lessen the load you are carrying. As leaders, we should also recognize burnout in others and be willing to offer support to other volunteers. One thing we can do to combat the effects of burnout is to establish personal boundaries:

- Take time off. • Communicate clearly. • Limit your availability (including digital).
- Know your limits. • Just say no • Focus on what is meaningful.

For us to provide the best program, we need all leaders to have a work-life-Scouting balance. We have the opportunity to have real conversations with each other to ensure we are all at our best for both the program and the Scouts.

We're glad you joined us today! Be sure to sign-in and visit us on the Roundtable Page!