

# WEBELOS

We have provided program and printed materials for the required Webelos Adventures. In each Adventure section of this document, you will find a list of the activities that will guide you to completing each requirement. If a different activity listed in the Den Meeting resources online meets the needs of your den, then feel free to choose a different activity that helps meet the requirements of the Adventures. Some requirements are meant to be done at home with adult partners or family. Please review the contents of your Adventure Box as well as this document AND the Den Meeting resources online to better prepare yourself for your den meetings.

Scouts will also need to use their handbooks during each of the following Adventures.

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This document is best viewed digitally as it contains direct links to the Den Meeting resources found online.



## PROGRAM SUPPLIES

The following table shows what program supplies and quantity have been provided. Most supplies are packaged in a bag labeled with the Adventure name; some are packaged loose in the box. An 'x' in the table indicates that this supply is needed for that adventure but is packaged in a prior adventure (the one with the numerical quantity).

Packing Location	Item	Bobcat	Webelos Walkabout	My Community	My Safety	My Family	Stronger Faster Higher	Webelos Box Total
bag	3 x 5 index cards	20	8	16				44
bag	pencils	8	x	x	x		x	8
bag	scissors	6						6
bag	crayons	1		x				1
bag	markers	1		x				1
bag	clear tape	1		x				1
box	flag	1						1
bag	pencil sharpener	1						1
box	posterboard	1						1
bag	whistle		8					8
bag	mini first aid kit		8					8
bag	flashlight		8					8
bag	band-aid		8					8
bag	moleskin		1					1
bag	small bag quart zipper bag		1					1
bag	aloe vera		1					1
bag	ace bandage		1					1
bag	sunscreen		1					1
bag	sports cones						4	4
bag	frisbee						1	1

## PRINTED MATERIALS

We have provided the following printed materials for use along with the program supplies in your Adventure Box.

Adventure	Requirement	Activity/Requirement Name	Material Provided
Bobcat	1	Den Flag	Blank paper (8x) for den flag designs
Bobcat	5	Roll A Cub Scout Fundamental	Roll a Cub Scout Fundamental template (8x)
Bobcat	7	Child Abuse Protection Review	Do at Home Reminder (8x)
Webelos Walkabout	2	Digital Map	Webelos Walkabout Plan (1x)
Webelos Walkabout	4	Safety First	Scouting America SAFE Checklist (8x)
Webelos Walkabout	6	The Two-Mile Walk	The Two-Mile Walk LNT & Outdoor Code (8x)
My Community	2	Our Elected Official	Government Types document (1x)
My Community	3	History of the Americans with Disabilities Act	History of the ADA Timeline (8x)
My Community	3	History of the Americans with Disabilities Act	History of the ADA Act Branches (3x)
My Community	4	Webelos Scouting for Food	Scouting for Food info flyer -online or at the Council office
My Safety	1	Protect Yourself Rules	Do at Home Reminder (8x)
My Safety	2	Hazard Labels	Hazard Labels (8x)
My Safety	3	Safe Den Meeting Checklist	Meeting Location Safety Checklist (4x)
My Safety	5	Be Prepared for Natural Events	Be Prepared for Natural Events worksheet (8x)
My Family	ALL	ALL	Do at Home Reminder (8x)
Stronger, Faster, Higher	1	Family Feast	Family Feast Meal Planner (8x)
Stronger, Faster, Higher	3	Scout Fit Challenge	Scout Fit Challenge (8x)
Stronger, Faster, Higher	5	Health & Medical Record Review	Do at Home Reminder (8x)

The Do at Home Reminders are ¼ sheet pieces of paper and have all been bundled together.

## SUGGESTED ADVENTURE ORDER

While your pack and den have plenty of latitude when it comes to your program year, we do have a general recommendation for your schedule of Adventures. Use this as a starting point for your annual program plan and add/edit to fit your own needs and abilities. Remember, the Bobcat Adventure is the first required Adventure that your Scouts must earn.

June/July – Summertime Fun – Check out the council day camp and other opportunities where you could complete various range and target activities Adventures as well as other Adventures.

August/September – Bobcat - Start the Scouting year by ensuring all Scouts complete their Bobcat requirements. This foundational adventure covers the basics of Cub Scouting, including the Scout Oath, Law, and a den Code of Conduct.

September – Catch the Big One– Attend our council fishing day to ensure your Scouts can earn the Catch the Big One adventure. Chef's Knife also goes well here, so the adventure can be completed before the first campout.

October – My Community – Participate in our Council Scouting for Food drive to help fulfill your service project requirement. This is also a great time to learn about the Democratic process. Consider reaching out to a local elected official (school board member, mayor, city council member, county commissioner, etc) to help fulfill some of these requirements.

September/October/November- Webelos Walkabout, & Let's Camp- Consider having your pack/patrol camp at McGimsey Scout Park, Mays Family Scout Ranch, or Bear Creek Scout Camp to fulfill several of your Webelos Walkabout & Let's Camp requirements.

November – My Safety – Take some time this month to learn about safety around the Scout meeting space and at home.

December- Plan some holiday fun for your den and/or pack

December/January/February – My Family – Remind your families that this Adventure is a recommended 'Do at Home' and can be done at any time during the program year. Encourage your Scouts to take part in the Interfaith Hike scheduled for February at McGimsey Scout Park. For more information and to register for the event: <http://www.alamoareascouting.org>.

Scouts can also work on their Religious Emblem award at any time. For more information, check out [Praypub.org](http://Praypub.org) and click on the link for Scouting America. Some of the workbooks are also available at the Scout Shop.

January – Stronger, Faster, Higher – Start the year off right and focus on physical fitness. Stick with your fitness routine so you are physically ready for your hikes later this year.

January/February/March – Race Time - Many packs do their Pinewood Derby during these months. You can also use this opportunity to work on the Build It Adventure as Scouts learn to use tools and build their race cars.

February – There are many elective adventures to choose from, perhaps try out Yo-Yo or Art Explosion and show off your new skills or hard work at your Pack Blue & Gold Banquet this month.

March/April – Try some Adventures to prepare for summer this month. Math on the Trail & Tech on the Trail can be completed together. Pedal Away can be a fun addition to your spring calendar as well. Also, if your Scouts haven't all completed Webelos Walkabout, this is a great time to finish it up.

May – Let's Camp – Many packs choose to do a family campout in April or May. This is a great opportunity if your Scouts didn't get an opportunity to attend a campout earlier in the year. Consider working on Champions for Nature when you are camping as well. In June you start your next program year and rank!

South Texas weather can be unpredictable so keep the supplies for some of the elective adventures handy. Adventures like Aware and Care, Earth Rocks!, and Modular Design can be easily slotted in at a moment's notice.

Remember, the adventures listed above are just a portion of what is available to your Scouts. Be sure to check out all the fun opportunities that are in store for you to create the best year possible for your Scouts.

# BOBCAT

<https://www.scouting.org/cub-scout-adventures/bobcat-webelos/>

*The Bobcat Adventure is the first required Adventure on the trail to earn the Webelos badge of rank. Once the Bobcat Adventure is completed, Webelos can start with any other Adventure in any order.*

You will need to source the following program supplies for this adventure:

Supply	Activity
Calendar or List of den meeting dates	Who's The Denner?
Small bowl	Who's The Denner?

## Requirements:

1. Get to know members of your den.
2. Recite the Scout Oath and the Scout Law with your den and den leader. Describe the 3 points of the Scout Oath.
3. Learn about the Scout Law.
4. With your den create a den Code of Conduct.
5. Learn about the denner position and responsibilities.
6. Demonstrate the Cub Scout sign, Cub Scout salute, and Cub Scout handshake. Show how each is used.
7. At home, with your parent or legal guardian do the activities in the booklet "How to Protect Your Children from Child Abuse: A Parent's Guide."

## Suggested Activities

1. [Den Flag Webelos](#)
  - Cub Scouts make a den flag that shows something about each member.
2. [Recite the Oath and Law Webelos](#)
  - In this activity, Cub Scouts recite the Scout Oath and Scout Law and learn about the three points of the Scout Oath.
3. [Scout Law Detective](#)
  - The points of the Scout Law are reinforced to Cub Scouts while they try to determine which point is missing.
4. [Code of Conduct Webelos](#)
  - Cub Scouts will be invested in their own conduct when they help create their den Code of Conduct.
5. [Who's the Denner?](#)
  - Cub Scouts prepare a calendar of the dates that each person will serve as the denner.
6. [Roll a Cub Scout Fundamental](#)
  - Cub Scouts demonstrate the Cub Scout sign, salute, and handshake.
7. [Child Abuse Protection Review Webelos](#)
  - Review the activities in the booklet "How to Protect Your Children from Child Abuse: A Parent's Guide."

# WEBELOS WALKABOUT

<https://www.scouting.org/cub-scout-adventures/webelos-walkabout/>

*Some places you can only get to if you walk. Walking is great exercise and a fun activity to do with your den or family. In the Webelos Walkabout Adventure, you'll learn how to prepare for a 2-mile walk, what you should bring along, and what you should do if there is an emergency. And when you are ready, take your walk!*

Cub Scouts will learn about the Cub Scout 6 Essentials during this adventure. We have only provided the Whistle, Flashlight, and First Aid Kit as a start to their 6 essentials, families will need to source the rest of them themselves.

You will need to source the following program supplies for this adventure:

Supply	Activity
Backpack (each Scout should supply their own)	Cub Scout Essential Six Review
Cub Scout Six Essentials (non provided items)	Cub Scout Essential Six Review
Electronic Device with mapping software	Digital Map
Smart Device with weather app	What's The Forecast
Bottle of water	Trail First Aid
Bottle of Electrolyte drink	Trail First Aid
Map of planned route for walk	The Two-Mile Walk

Requirements:

1. Prepare for a 2-mile walk outside. Gather your Cub Scout Six Essentials and weather appropriate clothing and shoes.
2. Plan a 2-mile route for your walk.
3. Check the weather forecast for the time of your planned 2-mile walk.
4. Review the four points of Scouting America SAFE Checklist and how you will apply them on your 2-mile walk.
5. Demonstrate first aid for each of the following events that could occur on your 2-mile walk.
  1. Blister
  2. Sprained ankle
  3. Sun burn
  4. Dehydration and heat related illness
6. With your den, pack, or family, go on your 2-mile walk while practicing the Leave No Trace Principles for Kids and Outdoor Code.
7. After your 2-mile walk, discuss with your den what went well and what you would do differently next time.

## Suggested Activities

1. [Cub Scout Essential Six Review](#)
  - *Cub Scouts will review Cub Scout Six Essentials and appropriate clothing.*
  - Remind families that scouts should bring their own backpack, closed toed shoes, and the Six Essentials
2. [Digital Map](#)
  - *Cub Scouts plan a route for a two-mile walk.*
3. [What's The Forecast?](#)
  - *Cub Scouts check the weather forecast for the 2-mile walk.*
4. [Safety First](#)
  - *Cub Scouts review the four points of the Scouting America SAFE checklist.*
5. [Trail First Aid](#)
  - *Cub Scouts learn first aid for blisters, sprained ankles, sunburns, and dehydration.*
6. [The Two-Mile Walk](#)
  - *Cub Scouts go on a two-mile walk.*
  - Remind scouts that they will need their Six Essentials and closed toed shoes for this activity.
7. [Stop-Start-Continue](#)
  - *Cub Scouts assess their two-mile walk.*

## MY COMMUNITY

<https://www.scouting.org/cub-scout-adventures/my-community/>

*This Adventure is all about being a good citizen. You'll learn about the different types of voting and how our national government maintains the balance of power. You'll meet with a local politician and discuss how they were elected and their role in government.*

You will need to source the following program supplies for this adventure:

Supply	Activity
An elected official	Our Elected Official

### Requirements:

1. Learn about majority and plurality types of voting.
2. Speak with someone who is elected to their position. Discover the type of voting that was used to elect them and why.
3. Choose a federal law and create a timeline of the history of the law. Include the involvement of the three branches of government.
4. Participate in a service project.

### Suggested Activities

1. [Denner Election](#)
  - *Demonstrate plurality voting and majority voting to determine your next denner.*
2. [Our Elected Official](#)
  - *Invite a community-elected official to learn about the type of voting used in their election.*
  - *Prior to your meeting, contact an elected official to see if they can attend. This could be a school board member, city council person, county commissioner, etc.*
3. [History of the Americans with Disabilities Act](#)
  - *Cub Scouts learn about the history of the Americans with Disabilities Act.*
4. [Webelos Scouting for Food](#)
  - *Participate in your Council-sponsored Scouting for Food event.*
  - *Look online for a flyer with information about our Council Scouting for Food Drive.*



# MY SAFETY

<https://www.scouting.org/cub-scout-adventures/my-safety/>

*In this Adventure, you will strengthen your ability to keep yourself safe with the "Protect Yourself Rules" and learn ways to keep your home and meeting space safe.*

We have provided all the program supplies needed to complete the following activities for this Adventure.

## Requirements:

1. With permission from your parent or legal guardian, watch the Protect Yourself Rules video for the Webelos rank.
2. Identify items in your house that are hazardous and make sure they are stored properly. Identify where on the package it describes what to do if someone is accidentally exposed to the product.
3. Identify ways you and your family keep your home or your meeting space safe.
4. Complete a "Be Prepared for Natural Events" worksheet for at least two natural events most likely to happen near where you live.

## Suggested Activities

1. [Protect Yourself Video Webelos](#)
  - Watch the Protect Yourself Rules video with your parent or legal guardian.
2. [Hazard Labels](#)
  - Walk around your home and identify items that are hazardous. Post the Poison Control information in a central place to have available should it be needed.
3. [Safe Den Meeting Checklist](#)
  - Using the safety checklist, identify ways to keep your meeting space safe.
4. [Be Prepared for Natural Events](#)
  - Complete the "Be Prepared for Natural Events" worksheet.

## MY FAMILY

<https://www.scouting.org/cub-scout-adventures/my-family/>

Understanding your religious beliefs and the beliefs of others can help you make sense of the world around you. This Adventure lets you learn about your own faith and family and explore ways to continue your faith practices in the future.

This Adventure is commonly done at home with the Cub Scout's family. If it is being done as a den, ensure that every parent and guardian is aware of the content and the activities that the den will do and allow for parents to opt out of doing it as a den activity and choose to complete the requirement at home.

### Requirements:

1. With your parent or legal guardian, talk about your family's faith traditions. Identify three holidays or celebrations that are part of your family's faith traditions. Make a craft, work of art, or a food item that is part of your family's faith tradition holiday or celebration.
2. Carry out an act of kindness.
3. With your parent or legal guardian identify a religion or faith that is different from your own. Identify two things that it has in common with your family's beliefs.
4. Discuss with our parent or legal guardian what it means to be reverent. Tell how you practice being reverent in your daily life.

# STRONGER, FASTER, HIGHER

<https://www.scouting.org/cub-scout-adventures/stronger-faster-higher/>

*The Stronger, Faster, Higher Adventure will help you understand how to eat well, exercise, and the importance of rest. Personal fitness is a balance of these three things. What you eat is what your body is able to turn into energy and can keep your body working to keep you healthy. Exercise not only keeps your body working, it also is good for your mind. Your body needs rest, and so does your mind.*

You will need to source the following program supplies for this adventure:

Supply	Activity
Open field	Frisbee Frenzy
Cub Scout Six Essentials (each Scout)	Trailblazing Trek
Appropriate footwear for walking	Trailblazing Trek
Walking Area	Trailblazing Trek

Requirements:

1. With your den or family, plan, cook, and eat a balanced meal.
2. Be active for 30 minutes with your den or at least one other person, that includes both stretching and moving.
3. Be active for 15 minutes doing personal exercises that boost your heart rate, use your muscles, and work on flexibility.
4. Do a relaxing activity for 10 minutes.
5. Review your Scouting America Annual Health and Medical Record with your parent or legal guardian. Discuss your ability to participate in den and pack activities.

Suggested Activities

1. [Family Feast](#)
  - *Cub Scouts plan a meal for a family dinner.*
2. [Frisbee Frenzy](#)
  - *Play a game of ultimate frisbee.*
3. [Scout Fit Challenge](#)
  - *Cub Scouts create a short workout to explore different exercises.*
  - *Remind scouts that they will need to wear tennis shoes, and bring their filled water bottle.*
4. [Trailblazing Trek](#)
  - *Go on a walk with your den.*
  - *Scouts will need their Cub Scout Six Essentials and appropriate footwear.*
5. [Annual Health and Medical Record Webelos](#)
  - *Cub Scouts review their Scouting America Annual Health and Medical Records with their parent or legal guardian.*